



It's time to **MAXIMIZE** your POTENTIAL



484.341.3856 |



SherryWherry.com |



Sherry@SherryWherry.com

Experience: Trainer, Consultant & Speaker

Sherry is an experienced trainer and consultant, and a powerful speaker. She specializes in assisting adults and youth in achieving personal, educational, and professional success. Sherry supports clients via group development trainings, organizational consulting, and through 1:1 coaching.

Sherry has experience in providing services for corporate, non-profit, educational and government institutions.

Examples of training topics that Sherry can provide include: Professional Development, Diversity, Equity & Inclusion (DEI), Emotional Wellness, Trauma-Informed Care, and individualized training services to fit your organizational needs.

Reviews

"Sherry has such a wonderful, positive energy. Her smile is infectious. She is very knowledgeable and resourceful. I enjoyed being a part of this event."

"Sherry is an excellent career counselor. Her feedback helped me optimize my LinkedIn and resume. I am more confident about what I have to offer and how to present my talents, skills, and knowledge."

"Sherry Wherry is a dynamic, impactful speaker with a vast diversity of skill and topics. Sherry has a proven history of providing results by way of speaking, coaching and/or training."

Introduction

Sherry Wherry is the CEO/Founder, and Empowerment Strategist of Wherry Consultations, LLC. She is passionate about empowering individuals to be their best selves. Her background in Social Services and Mental Health equips her to work with clients from various cultural and socioeconomic backgrounds.

CREDENTIALS

- Certificate of Training in Professional Development Coaching
- Master of Social Work, Clinical Concentration
- Licensed Social Worker
(Expected May 2024)
- Trauma-Informed Practice Certificate
(Expected May 2024)

Press

Sherry Wherry has been featured in:

- Authorize Magazine
- Thrive Global

And has been a guest on multiple podcasts including

- Move hosted by Nikki Woods
- LR Global Media

SCEDULE A FREE CONSULTATION

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Sample Corporate & Non-profit Training Topics

Below are sample topics for corporate, non-profit, educational, and government clients. Additional topics, training series, individualized programs, and Key Notes are available upon request.

- Greater Together: Teamwork & Collaboration
- Leading to Inspire: Effective Leadership Strategies
- ACE Speaker Masterclass
- Microaggressions 101
- Unconscious Bias 101

YOUTH

- Building Your Brand
- Putting Your Best Foot Forward

Sample Mental & Emotional Wellness Training Topics

Below are sample topics for corporate, non-profit, educational, and government clients. Additional topics, training series, individualized programs, and Key Notes are available upon request.

- Basics of Trauma-Informed Care
- Implementing TIC in the Workplace
- Leading with Compassion
- Emotional Wellness
- Using Self-care to Maximize Performance

YOUTH

- The Best Version of Me: Mental Wellness for Kids/Youth

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